

# DAY – WEEKEND ON HORSEBACK IN AQUITAINE

**Atlantic Coast, High - Agenais, High – Landes, Girondine and Sauternes, Armagnac, Basque Country...)**

1 day, 2 day or 3 days / 1à 2 harmed with possibility of arriving the day before.

Symbol of freedom, escape, the horse is at present is one of the links that joins us most profoundly with nature. Sniff the wind of the open sea, the beach as far as the eye can see, listen the silence of forests, approach the mystery of mountains, gallop in our green campaigns, taste perfumes of the earth ..

We invite you to the discovery of our departments Landes, Dordogne, Gironde, Lot and Garonne and Atlantic Pyrenees, their inhabitants, and simple pleasure to the rhythm of the ancient time.

An original idea of weekend to discover history, architecture, gastronomy and traditions of our at a walking pace quiet region of the horse.

<b>G E N E R A L  P R O G R A M</b>	<p><b>Objective of stay:</b></p> <p>Approachable to all horsemen in the course of acquisition of experience of level gallop 2 and 3, and to all horsemen of level gallop 4 and more, we shall drive you, on one or two days and by groups of levels in the discovery of what should be one day the reason of our choice natural establishment, our environment, rich in interest and in variety.</p> <p><b>1st day.</b>  <b>9 h 00 Dates in the centre in the morning of the 1st day.</b>  Reception, catch of contact with places, cavalry and team assuring the supervision around a small coffee.  Having prepared his own horse, we shall start the morning with a small time of evolution in the area, to familiarize us a bit with him. Then after some bets in the point or horse's change if we need, we shall leave in walking.  <b>12 h 30 Pause.</b> French meal in the heart of the countryside - Small essential siesta  <b>15 h 30 Taken back by activity</b>  Then we brush, we saddle, and we continue our road to return to the club at about <b>18h30</b>. This hour will be able to be lightly postponed according to the epoch of the year and the length of our days.  Then transportation towards the shelter or towards the hotel for those which remains in our company the following day.  <b>20h00 We meet us around the table.</b></p> <p><b>2 ° day.</b>  <b>Meeting at about 9h00</b> to prepare our horses for another exit of the day of the same type.</p> <p>We can offer you a trekking from 2 to 3 days. On the Atlantic Coast of course, but also on different places full of interest in all Aquitaine: North of the Lot and Garonne, High Landes Girondine and Sauternes, Basque Country, Armagnac....</p>
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P O I N T S  O F  L A N D M A R K S	Accommodation:  Activity:  Nbre of pers :  Age:  Lasted activity:  Evolution on horseback:  Supervision:  Timetables:	2 days and 1 night. (Possibility to arrive the day before). Stay half board in shelter or in Hotel structure category 2 stars. Lunch provided on way.  Arrived in the morning at the centre at 8 h 45. Groups of levels  5 - 20 persons maximum.  10 years minimum and intermediate level for trekking with the adults  8 - 9 hours by days.  5 - 6 hours / days in travelling.  Teacher or Guide speaking English  On horseback of 9 h 30 - 12 30 and 15 h 00 - 18 30. They remain fluctuating according to season and temperature and timetables tides.
D A T E S	See the calendar of the weekends one the web site of the equitation centre: Centre-equestre-marina.com It is flexible, adjustable, and our tracings remain possible in any periods of the year if required.	
P R I C E S	Trekking day and lunch included:  <b>95 €</b>	In bed and breakfast ** or hotel structure ** and in full board, 1 nights / 2 days: <b>219 €</b> in double room( <b>14 €</b> suppl. in single) additional Night in half board: <b>49€</b> in double room or <b>62 €</b> in single. One supplementary half a day with breakfast : <b>69€</b> One supplementary day on horseback lunch included: <b>90 €</b>
Delivery of 6 % for the upper group to 10 persons		
Bombs, whips, mini - chaps are provided on the centre. Envisage broad trousers (blue jeans or jogging) - Raincoat cuts wind - Tennis without Velcro or footwear of step - Hat – Gourd – Swimsuit – solar Cream and spectacles of sun – Camera - <b>Arnica homéopatique</b>		